

# TEXAS STATE UNIVERSITY VITA

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## CATHERINE BITNEY, PHD

### EDUCATION

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PhD, Clinical Psychology, New School for Social Research (APA Accredited), 2012

*Licensed Psychologist in Texas #36485*

MA, Psychology, New School for Social Research, 2008

MA, Women's and Gender Studies, University of Texas at Austin, 2004

BA, Psychology, University of Maryland at College Park, 2000

### CLINICAL AND RESEARCH INTERESTS

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My previous program of research emphasized the psychotherapy process and outcome for racial and ethnic minority clients. This included the impact of race, ethnicity, and culture on the therapy relationship, particularly when there is a racial or ethnic mismatch between the therapist and the client and how broaching differences moderated outcomes for clients. I am also interested in first generation college students, multiracial identity development, gender identity development, and intersectionality. I am currently continuing my clinical work via private practice in Austin, TX.

### TEACHING EXPERIENCE

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Senior Lecturer	Texas State University	Fall 2017-Present
Lecturer	Texas State University	Fall 2013-Summer 2017
Teaching Fellow	Eugene Lange College	Spring 2011 & Fall 2009

### COURSES TAUGHT

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Fall 2013-Present	Abnormal Psychology, Personality Psychology, Lifespan Development, Adult Development & Aging, Psychology of Women
Summer 2013	Counseling Diverse Populations
Fall 2012	Abnormal Psychology
Spring 2011 & Fall 2009	Psychology of Women

### AWARDS, SCHOLARSHIPS, AND RESEARCH FUNDING

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**Golden Apple for Teaching – Texas State University**

Fall 2017 College of Liberal Arts

**Presidential Distinction Award for Excellence in Teaching – Texas State University**

Fall 2017 College of Liberal Arts (\$2000)

**Alpha Chi National Honor Society – Texas State University**

Spring 2015

Favorite Professor

Spring 2016

Spring 2018

**American Psychological Association Minority Fellowship Program**

Summer 2013 Psychology Summer Institute Fellow

**National Register of Health Service Psychologists**

Spring 2013 Early Career Psychologist Credentialing Scholarship (\$375)

**Asian American Psychological Association**

Fall 2012 Leadership Fellow (\$1500)

**Texas State University**

Fall 2012 Student Affairs - Champions of Success Award (\$250)

**Eugene Lang College**

Spring 2011 Teaching Fellowship (\$5,000 and tuition reimbursement)

Fall 2009 Teaching Fellowship (\$5,000 and tuition reimbursement)

**New School for Social Research**

Spring 2011 Dissertation Fellowship Award (\$10,000 and full tuition waiver)

Spring 2010 Dissertation Fellowship Award (full tuition waiver)

Fall 2009 Research and Travel Award for the Diversity Challenge Conference in Boston (\$285)

Summer 2008 Research and Travel Award for American Psychological Association Annual Convention in Boston (\$1,000)

Summer 2007 Research and Travel Award for Asian American Psychological Association Conference in San Francisco (\$500)

Spring 2007 Research and Travel Award for Association for Women in Psychology Conference in San Francisco (\$500)

Fall 2006-May 2012 Tuition Scholarship (partial tuition reduction)

**Joint American Psychological Association Ethics Committee and Division 44**

Spring 2009 Student Travel Award for the National Multicultural Conference and Summit in New Orleans (\$850)

**University of Texas at Austin**

Fall 2003-Spring 2004 David Bruton, Jr. Continuing Fellowship (\$1,000 and full tuition)

Fall 2002-Spring 2003 University Fellowship (\$13,120 stipend and full tuition)

**PEER-REVIEWED PRESENTATIONS**

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Bitney, C. (August, 2013). *Challenging the model Minority myth: Asian American first-generation college students*. Invited talk at the Asian American Psychological Association Annual Convention, Honolulu, HI.

Bitney, C. (August, 2013). *Broaching race in cross-racial therapy dyads*. Poster presented at the American Psychological Association Minority Fellowship Program Psychology Summer Institute, Washington, DC.

- Bitney, C. (January, 2013). *Broaching racial differences between African American clients and White counselors: Racial identity attitudes and therapy process*. Paper presented in the symposium “It’s complicated: Difficult dialogues in cross-racial contexts” chaired by K. Suyemoto at the 2013 National Multicultural Conference and Summit, Houston, TX.
- Bitney, C., Feldman, K., & Chang, D. F. (October, 2011). *It’s complicated: Intersecting identities and implications for cross-racial therapy outcome*. Structured discussion presented at the Diversity Challenge 2011 Conference, Boston College, Boston, MA
- Chang, D. F., Bitney, C., & Feldman, K. (October, 2009). *Strategies for assessing racial/cultural identity and addressing differences in cross-racial therapy*. Workshop presented at the Diversity Challenge 2009 Conference, Boston College, Boston, MA
- Chang, D. F., Bitney, C., & Feldman, K. (August, 2008). *Racial identity development and the therapeutic relationship: When a racial mismatch exists between therapist and client*. Symposium presentation with discussants Derald Wing Sue, PhD and Charles Ridley, PhD at the American Psychological Association 2008 Annual Conference, Boston, MA.
- Bitney, C. (August, 2007). *Checking other: Race, gender, and sexual orientation – multiple/hybrid identities*. Poster presentation at the Asian American Psychological Association Annual Convention, San Francisco, CA.

## MANUSCRIPTS

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- Paul, L, Chang, D, & Bitney, C. (Submitted). When Black clients broach race in cross-racial counseling: Counselor responses and relationship to self-disclosure and ruptures in the alliance. *Journal of Counseling Psychology*.
- Bitney, C. (In Progress). Broaching racial differences between African American clients and White counselors: Racial identity attitudes and therapy process.
- Chang, D. F., Bitney, C., & Feldman, K. (In Progress). The relationship between racial/cultural identity and patients’ constructions of race in the therapy relationship.

## CLINICAL EXPERIENCE

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| Jan 2016-current  | Licensed Psychologist & Director of Psychological Services<br>Texas Optimal Performance and Psychological Services ( <i>part-time</i> )<br>Austin, TX |
| Jan 2015-Dec 2015 | Licensed Psychologist<br>Psychology Center of Austin ( <i>part-time</i> )<br>Austin, TX   |
| Aug 2012-Aug 2013 | Postdoctoral Resident<br>Texas State University Counseling Center ( <i>APA Accredited</i> )<br>San Marcos, TX<br>Supervisor: Greg Snodgrass, PhD      |

Aug 2011-Aug 2012	Predoctoral Intern Texas State University Counseling Center ( <i>APA Accredited</i> ) San Marcos, TX Supervisor: Pam Moore, PhD and Joanne Salas, PhD
Mar 2012-Oct 2012	Psychological Testing Contractor San Marcos Treatment Center San Marcos, TX Supervisor: John Gould, PhD
Sept 2010-June 2011	Psychotherapy Extern New School University Counseling Center New York, NY Supervisor: Jerry Finkelstein, PhD
Sept 2010-Mar 2011	Neuropsychology Extern Memorial Sloan Kettering Cancer Center New York, NY Supervisor: James Root, PhD
Sept 2009-Mar 2011	Psychotherapy Extern Beth Israel Medical Center – Brief Psychotherapy New York, NY Supervisor: Vicki Gluhoski, PhD
Sept 2009-Aug 2010	Psychotherapy Extern South Beach Psychiatric Center – Heights Hill Outpatient Clinic Brooklyn, NY Supervisor: Jean Okie, PhD
Sept 2008-Aug 2009	Psychotherapy Extern Beth Israel Medical Center – Dual Diagnosis Inpatient Unit New York, NY Supervisor: Jessica Wulf, PhD

### **SPECIALIZED AND ADVANCED TRAINING**

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June 2015	Collaborative/Therapeutic Assessment, Psychology Center of Austin, Sarah Griesemer, PhD, Austin, TX.
August 2013	Federal Advocacy Training, The Public Interest Government Relations office of the American Psychological Association, Stefanie Reeves, MA, CAE, Washington, DC.
March 2013	Prolonged Exposure Therapy for PTSD, Center for Deployment Psychology, David Riggs, PhD, San Antonio, TX.

- March 2011 Imago Couples Therapy Workshop Training. New York State Psychological Association, Barbara Fontana, PhD, New York, NY.
- June 2010 Disaster Mental Health and Psychological First Aid Training. South Beach Psychiatric Center, Monte Posner, Gary Bisogna, & Toni Cavallenes, New York, NY.
- May 2009 Therapeutic Assessment Training (Levels 1 and 2). Therapeutic Assessment Institute, Stephen Finn, PhD, New York, NY.

## **THESIS ADVISING**

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Member, Master's Thesis, "Body Modifications: Perceptions of tattoos and the examination of gender, tattoo location, and tattoo size", Status: Completed. (August 1, 2014 - November 3, 2016). Psychology, Texas State University.

Student(s): Brittany Hill, Graduate

## **SERVICE, COMMITTEES, AND INVITED TALKS**

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Psychology Department PhD Planning Committee (2017-current)

Psychology Department – Greece Study Abroad Program (2017-current)

Texas State University Mental Health Advisory Council Member (2014-2018)

Psychology Day (April 2018)

Bobcat Day (Feb 2018)

Psychology Department Applied Internship Event with Robyn Rogers (Dec 2017)

Panel Member for Psych Association Graduate School Panel (Nov 2017)

Invited Talk regarding field of Clinical Psychology for Psychology Living Learning Community (Oct 2017)

Study Abroad Fair (Oct 2017)

Guest Coach – Men's Football (Oct 2017)

Study Abroad Fair (Oct 2017)

Guest Coach – Women's Volleyball (Sept 2017)

Bobcat Day (Apr 2017)

Psychology Day (Apr 2017)

Panel Member for Psych Association Graduate School Panel (Mar 2017)

Psychology Department Student Awards Committee (2015-2016)

Participant in DeStress Fest by Counseling Center (Oct 2016)

Bobcat Day Participant (Oct 2016)

Faculty Mixer for Psychology Living Learning Community (Oct 2016)

Panel Member for History Department Event - Shadow and Light - Commemorating War & Conflict through Music and the Arts (Oct 2016)

Invited Talk regarding Minority Mental Health for Black Women United (Sept 2016)

Cat Camp – Student Involvement (May/Aug 2016)

Invited Talk regarding field of Clinical Psychology for Psychology Living Learning Community (Apr 2016)

Psi Chi Career Panel (Apr 2016)

Open the Closet LGBTQ Moderator – GADIA, Gloria and Alba, Diversity in Action (Apr 2016)

Battle of the Bands Judge – Student Association of Campus Activities (Mar 2016)

Thesis Committee Member – Brittany Hill - Body Modifications: Perceptions of tattoos and the examination of gender, tattoo location, and tattoo size (2014-2016)

Psychology Department Undergraduate Assessment Committee (2014-2015)

Invited Talk regarding field of Clinical Psychology for Psychology Living Learning Community (Dec 2014)

Invited Talk entitled “Intersecting Identities in Clinical Work” for Texas State University Counseling Center (April 2014)

Panel Member for Shirley Ogletree’s Psychology of Human Sexuality class, discussing gender identity and sexual orientation (Apr 2013)

Panel Member for “Diversity Matters” by Multicultural Student Affairs, discussing intersections of race, class, gender, sexual orientation, and gender identity for professionals (Mar 2013)

Texas State University Counseling Center Intern Selection Committee (Nov 2012-Feb 2013)

Presented in Stacie McGee’s Intro to Social Work class on mental health concerns for the LGBTQ community (Jan 2013)

Presenter for Suicide Prevention Best Practices Webinar – Kognito Interactive (Dec 2012)

Panel Member for Shirley Ogletree’s Psychology of Human Sexuality class, discussing gender identity and sexual orientation (Nov 2012)

Presented in Catherine Hawkins’ Honors Class on homophobia and gendered attitudes (Oct 2012)

Panel Member for “Homophobia or Misogyny” by Multicultural Student Affairs (Sept 2012)

Bobcat DREAMers Ally for undocumented students (Jun 2012-present)

Panel Member for Film Screening and Discussion of “The Purity Myth” by Hays Caldwell Women’s Center, discussing mental health concerns (Apr 2012)

Presented in Stacie McGee’s Intro to Social Work class on mental health concerns for the LGBTQ community (Feb 2012)

Texas State Ally for LGBTQI Community (Sep 2011-present)

Student Representative for the New School for Social Research Psychology Department Diversity Committee (Sept 2006-July 2011)

Co-Chair of the Banquet Committee for the Asian American Psychological Association 2008 AAPA Conference in Boston, MA (Aug 2007-Aug 2008)

## **PROFESSIONAL AFFILIATIONS**

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Sept 2007-Present	American Psychological Association (APA) <ul style="list-style-type: none"><li>• Division 35 – Psychology of Women</li><li>• Division 44 – Psychological Study of Lesbian, Gay, and Bisexual Issues</li><li>• Division 45 – Psychology of Ethnic Minority Issues</li></ul>
Sept 2007-Present	Asian American Psychological Association (AAPA)
Aug 2012-Present	National Register of Health Service Psychologists