

## **SARAH K. ANGULO**

### **EDUCATION**

#### **Ph.D., Social/Personality Psychology, 2008**

Minor: Statistics

The University of Texas at Austin, Austin, Texas

#### **Bachelor of Arts, 1999**

Majors: Psychology and Spanish

University of Notre Dame, Notre Dame, Indiana

### **HONORS AND AWARDS**

College of Liberal Arts Achievement Award for Excellence in Teaching, 2016

Excellence in Online Teaching Award Nominee, Texas State University, 2015

Alpha Chi National Honor Society Favorite Professor, Texas State University, 2013, 2015, 2017

Chi Omega Favorite Professor, November 2013

Alpha Delta Chi Favorite Professor, November 2013

Faculty Appreciation Award, Texas State University Psychology Association, April 2009

Janet T. Spence Certificate of Commendation for meritorious teaching in an undergraduate course, April 2007

Dean's List, University of Texas at Austin, Fall 2002 – Spring 2008

Who's Who of International Professionals, May 2000

Dean's List, University of Notre Dame, Fall 1996- Spring 1999

### **EXTERNAL RESEARCH SUPPORT**

Rick Jay and Paula Myrick Short Endowed Fellowship in Psychology, January 2008 – May 2008

American Association for University Women Austin Chapter Dissertation Fellowship.

September 2007 – May 2008

### **COURSES TAUGHT**

Introductory psychology, lifespan development, adolescent development, health psychology, social psychology, and personality psychology

### **TEACHING EXPERIENCE**

#### **Senior Lecturer, Texas State University, August 2008 – present**

Designed and taught face-to-face courses in introduction to psychology, social psychology, personality psychology, lifespan development, and adolescent development. Created and taught online courses in introduction to psychology, social psychology, and personality psychology, including recorded lectures, assessments, learning activities, and class discussion activities to build topic understanding and community. Taught a 385-student face-to-face introductory psychology course. Engaged and involved students in all courses

by regularly providing opportunities for group activities and class discussion. Expanded course assignments for Honors College students. Developed and taught independent study courses in positive psychology and race and gender. Participated in faculty meetings, committees, and activities. Provided guidance and support for individual students and campus groups. Provided extensive mentoring for students applying to graduate programs. Supervised graduate and undergraduate teaching assistants.

**Honors Thesis Supervisor, Texas State University, January 2016 – present**

Oversaw a quantitative research project on topics in social and personality psychology. Advised a student extensively on all phases of the research process, including developing a research topic, designing hypotheses, getting ethics board approval, collecting data, analyzing data, writing the thesis, and presenting findings at a national conference.

**Lecturer, University at Texas at Austin, Summers 2012 - present**

Designed and led courses in introduction to psychology, personality psychology and social psychology. Created all lectures, activities, writing assignments, and exams. Delivered lectures and supervised students during in-class activities. Graded students' exams and writing. Supervised graduate teaching assistants.

**Adjunct Instructor of Psychology, St. Edward's University, August 2011 – December 2012**

Designed and led a personality psychology course and an adolescent psychology course. Fostered group discussion by encouraging students to offer examples of their own adolescent development. Enhanced students' reasoning skills and application of course material in group activities and class debates. Helped develop students' written communication by assigning and evaluating papers. Provided guidance and support for individual students. Taught a general psychology course for adult learners ages 25 and above.

**Part-time Assistant Professor of Psychology, Southwestern University, January 2010 – December 2013**

Designed and led courses in principles of psychology, lifespan development, and health psychology. Engaged and involved students by regularly providing opportunities for group activities, class discussion, and debate. Helped develop students' reflection and communication skills by assigning and evaluating papers. Held seminars about how to study abroad and how to get into graduate school. Provided guidance and support for individual students.

**SERVICE**

*Department*

Mentoring program planning committee, member. 2020 – present

Inclusive excellence committee, member. 2018 – present

Texas State Round Rock Psychology Association, faculty sponsor. 2017 – 2018

Texas State Psychology Association, faculty co-sponsor. 2015 – 2017

Psychology Day committee, member. 2017

Annual evaluation policy review committee, member. 2015 - 2016

Bobcat Day, department representative. 2014 - 2020

University

Texas State Ally for LGBTQI community. 2013 – present

## **MEDIA INTERVIEWS**

University

KTSW, Interview about self-esteem research. 2018

KTSW, Interview about relationships research. 2017

Hillviews Magazine, Interview about student mentee. 2016

Local

KVUE, Interview about the social psychology of workplace sexual harassment. 2018

## **TALKS AND POSTER PRESENTATIONS**

Angulo, S. (2017, January). *New culture, new confidence: Identity change and personal growth in students abroad*. Poster presented at the annual meeting for the Society of Personality and Social Psychology, San Antonio, Texas.

Angulo, S. (2015, November). *Trading cultures, transforming lives*. Invited talk for faculty and study-abroad staff at Texas State University, San Marcos, Texas.

Angulo, S. (2014, November). *Trading cultures, transforming lives*. Invited talk for faculty planning study abroad programs at Texas State University, San Marcos, Texas.

Angulo, S. (2013, November). *Trading cultures, transforming lives*. Invited talk for faculty planning study abroad programs at Texas State University, San Marcos, Texas.

Angulo, S. (2011, February). *Trading cultures, transforming lives*. Invited talk for faculty at Southwestern University, Georgetown, Texas.

Angulo, S. (2008, May). *Positive growth in students abroad*. Invited talk at Northwestern University, Evanston, Illinois.

Angulo, S. (2008, May). *Social, personal, and intercultural outcomes in UT Austin students abroad*. Poster presented at the annual conference of the Association of International Educators, Washington, District of Columbia.

Angulo, S., & Sunnysgard, J. (2008, April). *Researching education abroad: Findings from UT Austin*. Talk presented at the annual conference of the Forum on Education Abroad, Boston, Massachusetts.

Angulo, S. (2008, February). *Antecedents and consequences of identity change in students abroad*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, New Mexico.

- Angulo, S. (2007, November). *Identity change in students abroad*. Talk presented at the Social/Personality Psychology Area Meeting, Austin, Texas.
- Angulo, S., and Sunnygard, J. (2007, November). *Researching education abroad: Projects and preliminary results from UT Austin*. Talk presented at the annual regional conference of the Association of International Educators, Austin, Texas.
- Angulo, S. (2007, March). *Satisfaction and personal change in students abroad*. Poster presented at the annual conference of the Forum on Education Abroad, Austin, Texas.
- Angulo, S. (2007, January). *The sexist roots of the precarious couple effect: Traditional gender roles can undermine communication patterns in couples*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, Tennessee.
- Angulo, S. (2006, January). *Speak up, but carefully! The role of verbal inhibition and communication in relationship satisfaction*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, California.
- Angulo, S. (2006, January). *Smile and the world smiles with you: Mood, self-esteem, and self-verification*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, California.
- Angulo, S. (2005, November). *Communication in dating couples: What you say, and don't say, can hurt you*. Talk presented at the Social/Personality Psychology Area Meeting, Austin, Texas.
- Angulo, S. (2005, January). *I want to know what you're thinking: Optimal levels of mind reading during romantic conflict*. Poster presented at the annual meeting of the Association for Research in Personality, New Orleans, Louisiana.
- Angulo, S. (2004, February). *Alone we stand strong, together we fall apart: Precarious couples in dating relationships*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, California.
- Angulo, S. (2003, April). *Verbal inhibition and relationships: What's the story?* Talk presented at the Social/Personality Psychology Area Meeting, Austin, Texas.
- Frost, A., and Angulo, S. (2017, January). *Personality and satisfaction with life during study abroad*. Poster presented at the annual meeting for the Society of Personality and Social Psychology, San Antonio, Texas.
- Sunnygard, J., & Angulo, S. (2008, November). *My world is changing, and so am I: Personal growth in students abroad*. Talk presented at the Australian International Education Conference, Brisbane, Australia.

Sunnygard, J., & Angulo, S. (2008, November). *Improving student participation in short-term study abroad in Australia*. Talk presented for Australian Education International, Sydney, Australia.

## **PUBLICATIONS**

Angulo, S. K., Brooks, M. L., & Swann, W. B., Jr. (2011). Swimming serenely in a sea of words: Progressive men accept verbally disinhibited women. *Personal Relationships*.

Angulo, S. K. (2008). *Trading cultures, transforming lives: Positive change during study abroad*. Saarbrücken, Germany: VDM.

Angulo, S. K. (2008). Identity change in students who study abroad. *Dissertation Abstracts International*, 69(6), (UMI No. AAT 3311181).

Swann, W. B., Jr., Chang-Schneider, C. S., & Angulo, S. K. (2007). Self-verification in relationships as an adaptive process. In J. Wood, A. Tesser, & J. Holmes (Eds.), *Self and Relationships*, Psychology Press: New York.

## **MEMBERSHIPS**

Association of International Educators  
Forum on Education Abroad  
Society for Personality and Social Psychology

## **PREVIOUS WORK EXPERIENCE**

Consultant/Senior Research Associate, Innovations in Global Education  
Austin, Texas, February 2008 – August 2008

Lead Researcher – University of Texas at Austin Study Abroad Office  
Austin, Texas, January 2007 – June 2008

Recruiting Coordinator, SeeBeyond Technology Corporation  
San Francisco, California, May 2001 – October 2001

Human Resources Coordinator, Young & Rubicam Advertising  
San Francisco, California, January 2000 – April 2001

Student Activity Coordinator, Fundación Ortega y Gasset  
Toledo, Spain, Summer 1998

## **LANGUAGES**

Read, write, and speak Spanish.