

SARAH K. ANGULO

EDUCATION

Ph.D., Social/Personality Psychology, 2008

Minor: Statistics

The University of Texas at Austin, Austin, Texas

Bachelor of Arts, 1999

Majors: Psychology and Spanish

University of Notre Dame, Notre Dame, Indiana

HONORS AND AWARDS

Excellence in Online Teaching Award Nominee, Texas State University, 2015

Alpha Chi National Honor Society Favorite Professor, Texas State University, 2013, 2015

Chi Omega Favorite Professor, November 2013

Alpha Delta Chi Favorite Professor, November 2013

Faculty Appreciation Award, Texas State University Psychology Association, April 2009

Janet T. Spence Certificate of Commendation for meritorious teaching in an undergraduate course, April 2007

Dean's List, University of Texas at Austin, Fall 2002 – Spring 2008

Who's Who of International Professionals, May 2000

Dean's List, University of Notre Dame, Fall 1996- Spring 1999

EXTERNAL RESEARCH SUPPORT

Rick Jay and Paula Myrick Short Endowed Fellowship in Psychology, January 2008 – May 2008

American Association for University Women Austin Chapter Dissertation Fellowship.

September 2007 – May 2008

COURSES TAUGHT

Introductory psychology, lifespan development, adolescent development, health psychology, social psychology, and personality psychology

TEACHING EXPERIENCE

Senior Lecturer, Texas State University, August 2008 – present

Designed and led courses in introductory psychology, personality psychology, lifespan development, and adolescent development. Created and taught personality psychology online, including recorded lectures, assessments, and class discussion activities to build topic understanding and community. Taught a 385-student introductory psychology course. Engaged and involved students in all courses by regularly providing opportunities for group activities and class discussion. Expanded course assignments for Honors College students. Participated in faculty meetings, committees, and activities. Provided guidance and support

for individual students and campus groups. Held four seminars per year for students interested in attending graduate school Supervised graduate and undergraduate teaching assistants.

Instructor, University at Texas at Austin, Summers 2012 - present

Designed and led courses in personality psychology and social psychology. Created all lectures, activities, writing assignments, and exams. Delivered lectures and supervised students during in-class activities. Graded students' exams and writing. Supervised graduate teaching assistants.

Adjunct Instructor of Psychology, St. Edward's University, August 2011 – December 2012

Designed and led a personality psychology course and an adolescent psychology course. Fostered group discussion by encouraging students to offer examples of their own adolescent development. Enhanced students' reasoning skills and application of course material in group activities and class debates. Helped develop students' written communication by assigning and evaluating papers. Provided guidance and support for individual students. Taught a general psychology course for adult learners ages 25 and above.

Part-time Assistant Professor of Psychology, Southwestern University, January 2010 – December 2013

Designed and led courses in principles of psychology, lifespan development, and health psychology. Engaged and involved students by regularly providing opportunities for group activities, class discussion, and debate. Helped develop students' reflection and communication skills by assigning and evaluating papers. Held seminars about how to study abroad and how to get into graduate school. Provided guidance and support for individual students.

TALKS AND POSTER PRESENTATIONS

Angulo, S. (2015, November). *Trading cultures, transforming lives*. Invited talk for faculty and study-abroad staff at Texas State University, San Marcos, Texas.

Angulo, S. (2014, November). *Trading cultures, transforming lives*. Invited talk for faculty planning study abroad programs at Texas State University, San Marcos, Texas.

Angulo, S. (2013, November). *Trading cultures, transforming lives*. Invited talk for faculty planning study abroad programs at Texas State University, San Marcos, Texas.

Angulo, S. (2011, February). *Trading cultures, transforming lives*. Invited talk for faculty at Southwestern University, Georgetown, Texas.

Angulo, S. (2008, May). *Positive growth in students abroad*. Invited talk at Northwestern University, Evanston, Illinois.

- Angulo, S. (2008, May). *Social, personal, and intercultural outcomes in UT Austin students abroad*. Poster presented at the annual conference of the Association of International Educators, Washington, District of Columbia.
- Angulo, S., & Sunnygard, J. (2008, April). *Researching education abroad: Findings from UT Austin*. Talk presented at the annual conference of the Forum on Education Abroad, Boston, Massachusetts.
- Angulo, S. (2008, February). *Antecedents and consequences of identity change in students abroad*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, New Mexico.
- Angulo, S. (2007, November). *Identity change in students abroad*. Talk presented at the Social/Personality Psychology Area Meeting, Austin, Texas.
- Angulo, S., and Sunnygard, J. (2007, November). *Researching education abroad: Projects and preliminary results from UT Austin*. Talk presented at the annual regional conference of the Association of International Educators, Austin, Texas.
- Angulo, S. (2007, March). *Satisfaction and personal change in students abroad*. Poster presented at the annual conference of the Forum on Education Abroad, Austin, Texas.
- Angulo, S. (2007, January). *The sexist roots of the precarious couple effect: Traditional gender roles can undermine communication patterns in couples*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, Tennessee.
- Angulo, S. (2006, January). *Speak up, but carefully! The role of verbal inhibition and communication in relationship satisfaction*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, California.
- Angulo, S. (2006, January). *Smile and the world smiles with you: Mood, self-esteem, and self-verification*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, California.
- Angulo, S. (2005, November). *Communication in dating couples: What you say, and don't say, can hurt you*. Talk presented at the Social/Personality Psychology Area Meeting, Austin, Texas.
- Angulo, S. (2005, January). *I want to know what you're thinking: Optimal levels of mind reading during romantic conflict*. Poster presented at the annual meeting of the Association for Research in Personality, New Orleans, Louisiana.
- Angulo, S. (2004, February). *Alone we stand strong, together we fall apart: Precarious couples in dating relationships*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, California.

Angulo, S. (2003, April). *Verbal inhibition and relationships: What's the story?* Talk presented at the Social/Personality Psychology Area Meeting, Austin, Texas.

Sunnygard, J., & Angulo, S. (2008, November). *My world is changing, and so am I: Personal growth in students abroad.* Talk presented at the Australian International Education Conference, Brisbane, Australia.

Sunnygard, J., & Angulo, S. (2008, November). *Improving student participation in short-term study abroad in Australia.* Talk presented for Australian Education International, Sydney, Australia.

PUBLICATIONS

Angulo, S. K., Brooks, M. L., & Swann, W. B., Jr. (2011). Swimming serenely in a sea of words: Progressive men accept verbally disinhibited women. *Personal Relationships*.

Angulo, S. K. (2008). *Trading cultures, transforming lives: Positive change during study abroad.* Saarbrücken, Germany: VDM.

Angulo, S. K. (2008). Identity change in students who study abroad. *Dissertation Abstracts International*, 69(6), (UMI No. AAT 3311181).

Swann, W. B., Jr., Chang-Schneider, C. S., & Angulo, S. K. (2007). Self-verification in relationships as an adaptive process. In J. Wood, A. Tesser, & J. Holmes (Eds.), *Self and Relationships*, Psychology Press: New York.

MEMBERSHIPS

Association of International Educators
Forum on Education Abroad
Society for Personality and Social Psychology

PREVIOUS WORK EXPERIENCE

Consultant/Senior Research Associate, Innovations in Global Education
Austin, Texas, February 2008 – August 2008

Lead Researcher – University of Texas at Austin Study Abroad Office
Austin, Texas, January 2007 – June 2008

Recruiting Coordinator, SeeBeyond Technology Corporation
San Francisco, California, May 2001 – October 2001

Human Resources Coordinator, Young & Rubicam Advertising
San Francisco, California, January 2000 – April 2001

Student Activity Coordinator, Fundación Ortega y Gasset
Toledo, Spain, Summer 1998

LANGUAGES

Read, write, and speak Spanish.