

TEXAS STATE VITA

I. Academic/Professional Background

A. Illysa Foster Title: Ms.

B. Educational Background

Degree	Year	University	Major
	Thesis/Dissertation M.Ed. 1997		University of Texas Austin
		Educational Psychology (Human Development and Education)	
B.A.	1993	Texas A&M Corpus Christi	Psychology-Highest Honors
A.A.	1991	Del Mar College	Psychology

C. University Experience

Position	University	Dates
Lecturer	Texas State University	2017-2018
Per Course Lecturer	Texas State University	2015-2016
Adjunct Faculty	Austin Community College	1996-2005
Teaching Assistant	University of Texas-Austin	1995-1996

D. Relevant Professional Experience

Position	Entity	Dates
Psychotherapist	Cypress Tree Psychological Services, P.A	2014-present
Intern Psychotherapist	Joellen Peters, PhD	2013-2014
Licensed Midwife	Sisters Midwifery, Inc	2007-2014
Intern Midwife	Various Practice Settings	2005-2007
Teacher	Austin Ecoschool	2006-2007
Teacher	Austin Area Homeschoolers	2000-2008
ECE Teacher/Director	Imagination School	1998-2000
ECE Teaching Assistant	Trinity By the Sea Mothers Day Out	1988-1989

E. Other Professional Credentials (licensure, certification, etc.)

Independent Practice (2018-present) Licensed Psychological Associate, Texas State Board of Examiners of Psychologists (2014- present)

Dance Movement Therapist-Board Certified, Neuroscience and developmental applications for movement therapy and Individual /couples/family/group psychotherapy for DMT-BC

credential: American Dance Therapy Association (in progress)

Certified Professional Midwife, North American Registry of Midwives (2007-2016)

Graduate Midwife, Association of Texas Midwives Midwifery Training Program (May, 2007)

II. TEACHING

A. Teaching Honors and Awards:

Multicultural Course Transformation and Research Institute (2018)

Part-time Faculty Excellence in Teaching Award-College of Applied Arts (2016), Faculty Senate,
Texas State University (\$1000)

B. Courses Taught:

Adolescent Psychology PSY 3312

History and Theory PSY 4391

Independent Study PSY

Internship FCD 4301

Family Diversity FC 3359

Introduction to Psychology

Human Growth and Development

Child Growth and Development

Personal Growth

Effective Learning

C. Other:

Foundations of Online Teaching course completed July, 2015: Texas State University

III. SCHOLARLY/CREATIVE

A. Works in Print (including works accepted, forthcoming, in press)

1. Books (if not refereed, please indicate)

a. Scholarly Monographs:

b. Textbooks:

Foster, I.R. & Lasser, J. (2011). Professional Ethics in Midwifery Practice. Sudbury, MA:
Jones & Bartlett.

Translated version: Foster, I.R. & Lasser, J. (2015). Professional Ethics in Midwifery Practice.
Ankara, Turkey: Nobel Akademik Yayıncılık.

2. Articles

a. Refereed Journal Articles:

b. Non-refereed Articles:

Foster, I.R. (2013) Ethical Quandaries for Midwives and Doulas in Social Media. SQUAT Birth Journal (Summer 2013), pp. 18-20.

Foster, I.R. & Potter, B. (2011). Midwives Pioneer the Informed Consent Process. SQUAT Birth Journal (Summer 2011), pp. 8-10.

Foster, I.R. (2007). Starting a Menstruation Celebration Group. Daughters, 12 (4).

7. Other Works in Print:

Lasser, J. and Foster, I. (2004). Masturbation and Genital Touching. In A. Canter, L. Paige, M. Roth, I. Romero, & S. Carroll (Eds.), Helping children at home and school II: Handouts for Families and Educators. Bethesda, MD: NASP. Refereed.

B. Works not in Print

Foster, I.R. (2001). Monoparenting and Child Development. Single Parenting Resource Network.

Foster, I.R. Resilient Girls: A grounded theory approach to understanding healthy minority female development. Graduate student research prospectus. Presented to faculty and students. University of Texas, 1997.

Coded quantitative data at Brackenridge Hospital Neonatal Unit to support faculty research on caregiver attunement and infant bonding. University of Texas, 1995

1. Papers Presented at Professional Meetings:

Foster, I., Wilkes, R., Degollado, V., Kamenski, S. & Aguilar, B. Dance Movement Therapy for Adults with Brain Injuries. Presented at the Annual Convention of the American Psychological Association in San Francisco, CA on August 11, 2018

Foster, I.R. Ethical Practice: Boundaries, Scope and Competency. Presented online to the Gold Midwifery Conference on February 15, 2017

Foster, I.R. Maternity mental health counseling for midwives. The Gathering of Texas Midwives Ingram, TX Nov. 6, 2015

Foster, I.R and Reyes, C. Intersections: Cultural Competency and Social Justice for Midwives, April 2014 at the Association of Texas Midwives annual conference in San Antonio, TX

Foster, I.R. Ethics for Preceptors. MANA 2013 Preconference for Association of Midwifery Educators, Oct. 2013 Portland, OR

Gordan, W. & Foster, I. Ethics and Social Justice in Midwifery Education. MANA 2013 Conference, Oct. 2013 Portland, OR

Foster, I.R. Midwifery Ethics in Relationships. April 13, 2013 at the Association of Texas Midwives annual conference in Dallas, TX

Foster, I.R. Keynote speaker for Idaho Midwives Conference Sept. 14-16, 2012. Coeur d'Alene, ID. Presented three topics: Midwifery Ethics , Informed Consent, and Scope, Competency and Boundaries in Professional Midwifery.

Foster, I.R. Competency and Boundaries in Professional Midwifery. Portland Midwives Association July 21. 2012. Portland, Oregon.

Foster, I.R. Introduction to Midwifery Ethics. Online presentation to Bastyr University April 5, 2012.

Foster, I.R. & Potter, B., 2011. Informed Consent and the New Health Care Laws. Midwives Alliance of North America 2011 conference in Niagara Falls. (not present for presentation)

Foster, I.R., & Lasser, J., 2011. Midwifery Ethics. American College of Nurse Midwives 2011 conference, San Antonio, Texas.

Foster, I.R., & Lasser, J., 2011. Ethics Instruction in Midwifery Training. American College of Nurse Midwives 2011 conference, San Antonio, Texas.

Foster, I.R., & Lasser, J., 2010. Midwifery Ethics. Midwives Alliance of North America 2010 conference, Nashville, Tennessee.

Foster, I.R., & Lasser, J., 2010. Ethics in Midwifery. Association of Texas Midwives 2010 conference, Austin, Texas.

Foster, I.R., & Lasser, J., 2008. Ethics in Midwifery. The Gathering of Midwives 2008, Palestine, Texas.

2. Invited Talks, Lectures, and Presentations:

Foster, I.R. Supervision ethics and relationships. Presented to staff of the Strengthening Families Strengthening Relationships grant at Texas State University, August 4, 2016.

Foster, I.R. Mamababy wisdom and the professional witness. First3Years: Webinar February 29, 2016

Lee, K. & Foster, I.R. Interweaving self-care and care for others through embodied movement. Holistic Nursing Association, San Antonio, TX Oct. 13, 2015.

Foster, I.R. Being with emerging motherhood: the perinatal journey as witnessed by another. Austin in Connections, Austin, TX May 8, 2015

Foster, I.R. Midwifery Ethics. Louisiana Midwives Association Full-Day Ethics Training, Nov. 2014 New Orleans, LA

Foster, I.R. Midwifery Ethics. April 10, 2013 online at Bastyr University.

Foster, I.R. Preceptor-Apprentice Ethics. A digitally-recorded presentation for Midwifery Education Accreditation Council. Sept. 2012.

Foster, I., 2011. Midwifery Ethics. Online presentation to Bastyr University April 7, 2011.

3. Consultancies:

National Association of Certified Professional Midwives, 2013-2014
Assisted in the continued development and growth of the Certified Professional Midwife credential.

Mammas of Color Rising 2010-2013
Participated in Strategic planning in Spring 2010; appointed to Advisory Circle January, 2011

Midwives Alliance July 2009-2011
Consultant. Reviewed documents pertaining to ethics. Provided feedback on revisions.

North American Registry of Midwives, August 2010-2011
Consultant. Reviewed documents pertaining to ethics. Provided feedback on revisions.

Association of Texas Midwives, May 2006- 2009
Consultant. Duties included revision of curriculum and instructional materials for the Midwifery Training Program

Single Parents Resource Network, 1999-2001
Founding board member. Supported the organization and provided consultation.

4. Workshops:

Foster, I.R., 2007. Effective Teaching. Trained instructors for the Association of Texas Midwives Midwifery Training Program in adult learning and effective teaching methods. Austin, Texas.

Foster, I.R., 2000. Effective Teaching. Trained Austin Community College Instructors in effective teaching methods. Austin, Texas.

5. Other Works not in Print:

Works “submitted” or “under review”

Works “ in progress”

Foster, I. & Kamenski, S. (in progress) Dance movement therapy for adults with brain injury.

IV. SERVICE

A. Institutional

University:

Bobcat Bond Mentor, Spring 2018-current

Texas State Ally, 2016-present

Faculty Sponsor, *Rescue Her* Student Organization, Spring 2018

Bobcat Days, Fall 2015

Faculty Sponsor, Students for Peace 2002-2003: Austin Community College

College:

Department/School:

Curriculum Committee, Department of Psychology, Fall 2018-current

Undergraduate Curriculum Committee, Department of Psychology, Fall 2017-Spring 2018

B. Professional:

Texas State Board of Examiners of Psychologists Records Disposition Advisory Committee, 2018

Association of Texas Midwives 2007-2011

CEU coordinator for 2010 and 2011 conferences

Education Committee member/advisor (2007-2009)

Midwives for Haiti, 2010. Fundraising and procurement of donations to Midwives for Haiti

Traveled to Haiti for one week to train local midwives and deliver supplies after earthquake

C. Community:

Childbirth Educator for adolescent parents, SMCISD Sept. 2016-present

Curriculum and Instruction, Martindale Community, Sept.-Dec. 2015

Volunteer, Royal Theater Society 2006-2008; 2011

Volunteer, HELP (Handicapped Equestrian Learning Program) 2008

Program Director, Austin Area Homeschoolers 2000-2008

Education and Social Justice committees, Wildflower Church 2001-2004

Producer, KOOP Community Radio 2000-2001

Troop Leader for Project Self, Lone Star Girl Scout Council 1994-1996

D. Service Honors and Awards:

Council Daisy Award for outstanding leadership. (1996) Lone Star Girl Scout Council.

Updated 8/2018