

TEXAS STATE VITA**I. Academic/Professional Background**

A. Name: Hillary Cauthen

Title: Dr.

B. Educational Background

| Degree | Year | University | Major | Thesis/Dissertation |
|--------|-----------|---|---|--|
| Psy.D | 2010-2013 | The Chicago School of Professional Psychology, LA | Clinical Psychology | The Development of a Sport-Based Life Skills Scale for Youth 11-23 |
| M.S. | 2006-2008 | Miami University | Kinesiology: Sport Behavior and Performance | Development of Life Skills Scale for Youth |
| M.A. | 2008-2010 | The Chicago School of Professional Psychology, LA | Clinical Psychology | |
| B.S. | 2002-2006 | University of New Hampshire | Kinesiology: Sport Studies | |
| B.A. | 2002-2006 | University of New Hampshire | Psychology | |

C. University Experience

| Position | University | Dates |
|--------------------|---|---------------|
| Lecturer | Texas State University | 2015-Present |
| Adjunct Professor | John F. Kennedy University, Pleasant Hill, CA | 2012-Present |
| Graduate Assistant | Miami University | 2006-2008 |
| Teaching Assistant | University of New Hampshire | 1/2005-5/2005 |

D. Relevant Professional Experience

| Position | Entity | Dates |
|---|---|-----------------|
| Co-Founder | Living Mental Wellness, LLC | 2/2018-present |
| Director of Performance Services | Texas Optimal Performance & Psychological Services, LLC, Consultant | 11/2015-present |
| Mental Skills Coach | Your Sports Mind, Consultant | 2008-11/2015 |
| <u>Post-Doctoral Resident</u> | <u>Psychology Center of Austin</u> | 9/2013-9/2015 |
| Post-Doctoral Resident | <u>Great Oaks Counseling Center</u> | 5/2014-9/2015 |
| <u>Pre-doctoral Intern</u> | <u>STARS/Partners</u> | 6/2012-6/2013 |
| <u>NFL-Play It Smart Academic Coach</u> | Crenshaw High School | 11/2008-6/2009 |

II. TEACHING

A. Teaching Honors and Awards:

B. Courses Taught:

John F. Kennedy University: PSP 5811.1 Counseling Skills A (in resident), PSP 5811.2 Counseling Skills A (online), PSP 5826.1 Cognitive Affective Bases of Behavior in Sport (in resident), PSP 5826.2 Cognitive Affective Bases of Behavior in Sport (online). PSP5805, Psychopathology Assessment (online), PSP5850-1: Fieldwork Internship Supervision

Texas State University: Psy3300 Lifespan Development, Psy3312 Adolescent Psychology, Psy3336 Sport Psychology, Psy3350 Behavior Modifications, PSy3361 Health Psychology

C. Graduate Theses/Dissertations or Exit Committees (if supervisor, please indicate):
N/A

D. Courses Prepared and Curriculum Development:

John F. Kennedy University: PSP 5811.1 Counseling Skills A (in resident), PSP 5811.2 Counseling Skills A (online), PSP 5826.1 Cognitive Affective Bases of Behavior in Sport (in resident), PSP5805, Psychopathology Assessment (online),

Texas State University: Psy3300 Lifespan Development, Psy3312 Adolescent Psychology, Psy3336 Sport Psychology

E. Funded External Teaching Grants and Contracts:

F. Submitted, but not Funded, External Teaching Grants and Contracts:

G. Funded Internal Teaching Grants and Contracts:

H. Submitted, but not Funded, Internal Teaching Grants and Contracts:

I. Other:

III. SCHOLARLY/CREATIVE

A. Works in Print

1. Books (if not refereed, please indicate)

a. Scholarly Monographs:

b. Textbooks:

c. Edited Books:

d. Chapters in Books:

Cauthen, H. Shipherd A. (in Progress), Ethical quandaries: What were you thinking? In, *Excelling in Early Applied Sport Psychology: A Resource for Trainees and Supervisors*, (pp. in progress). Taylor & Francis

e. Creative Books:

2. Articles

a. Refereed Journal Articles:

b. Non-refereed Articles:

Cauthen, H. A. (2011). In the huddle. *Journal of Sport Psychology in Action*, 2(2), 123-129.

3. Abstracts:

4. Reports:

5. Book Reviews:

6. Other:

B. Works not in Print

1. Papers Presented at Professional Meetings:

2. Invited Talks, Lectures, Presentations:

Cauthen, H.A. (October, 2013). The Development of a Sport Based Life Skills Scale for Youth to Young Adults, 11-23, Power Point Presentation at the Association of Applied Sport Psychology Conference: Lecture, New Orleans, LA

Greene, H.A., Ward, R.M., Vealey, R.S., Horn, T. S., (February, 2008). Lessons Learned: The Development of a Life Skills Scale, Power Point Presentation at the Mid-West Sport Psychology Symposium, Human Kinetics, Champaign IL

Greene, H.A., Ward, R.M., (February, 2007). *Learn From Yesterday, Live for Today, Hope for Tomorrow*, Power Point Presentation at the Mid-West Sport Psychology Symposium, Purdue University

Greene, H.A., Machida, M, Kimiecik, J, (February, 2007) *Personal Fitness Program*, Power Point Presentation at the Mid-West Sport Psychology Symposium, Purdue University

Greene, H.A., Machida, M, Teske, E. J., Kimiecik, J, (October, 2007) *Personal Fitness Program*, Poster Presentation at the Association of Applied Sport Psychology Conference, Louisville, KY

3. Consultancies:

4. Workshops:

Bueno, N., Harris, B., Cauthen, H.A., (October, 2014). Abuse and Neglect in Youth Sport; Issues and Implications for Sport Psychology Practitioners, Power Point Presentation at the Association of Applied Sport Psychology Conference: Workshop, Las Vegas, NV

5. Other:

C. Grants and Contracts

1. Funded External Grants and Contracts:

2. Submitted, but not Funded, External Grants and Contracts:

3. Funded Internal Grants and Contracts:

4. Submitted, but not Funded, Internal Grants and Contracts:

D. Fellowships, Awards, Honors:

8/2007- Miami University Graduate Assistantship, Department of Kinesiology &

5/2008 Health Sport Studies: Sport Behavior and Performance

Duties: Develop 16 week course curriculum, educate students on course material, assisted in program development for Miami University Employees, and aided in academic development in the students.

8/2006- Miami University Graduate Assistantship, Department of Kinesiology &

8/2007 Health

Sport Studies: Sport Behavior and Performance

Duties: Develop 16 week course curriculum, educate students on course material, assisted in program development for Miami University Employees, and aided in academic development in the students.

8/2006- University of New Hampshire Athletics, Student Athletic Advisory Council

5/2007 President

5/2006 University of New Hampshire Varsity Athletic Letter Winner

IV. SERVICE

A. University:

B. Departmental:

C. Community:

D. Professional:

E. Organizations

**5/2018-
Present** **Association of Applied Sport Psychology**
Certified Mental Performance Consultant Task Force Committee Member

**8/2014-
Present** **Association of Applied Sport Psychology**
Ethics Committee Member

**9/2011-
Present** **American Psychology Association-Division 47 Sport & Exercise Psychology**
Graduate Student Member

**12/2008-
2010** **National Association of Academic Advisors for Athletics**
Student Affiliate

**1/2007 –
Present** **Association of Applied Sport Psychology**
Student Affiliate
Student South West Regional Representative (2008-2011), Graduate Program
Coordinator (2008-2011), Website Content Committee (2009-2011)

**1/2007 –
Present** **American Psychological Association**
Graduate Student Member

1. Honorary:

2. Professional:

F. Service Honors and Awards:

Please note: For all entries, list most recent items first.