

# Laura L. Adams, Ph.D.

(512) 542-1779 Cell phone

## EDUCATION

**University of Texas Southwestern Medical Center** - Dallas, TX

*Doctor of Philosophy - Clinical Psychology, 2002*

*APA Accredited Program*

**Columbia University / Teachers College** - New York, NY

*Master of Arts – Social & Organizational Psychology, 1990*

**Columbia College** - New York, NY

*Bachelor of Arts – English Literature, 1987*

## LICENSE

State of Texas License in Psychology #: 32417

## CLINICAL & FACULTY APPOINTMENTS

### **Texas Health & Human Services/Austin State Hospital**

*Psychologist II – Forensic Evaluator, Austin, TX – 04/2023 – present*

- Conduct forensic evaluations for the Texas court system for defendants serving 46B and 46C commitments, including competency to stand trial and risk assessments.
- Supervise psychiatric residents from Dell Psychiatry and doctoral psychology students in forensic assessments and psychotherapeutic interventions.
- Develop and conduct continuing education seminars for mental health staff.
- Serve on the Forensic Consultation Committee, developing best practices in the management of forensic programming and assessment.

*Psychologist I, Austin, TX - 01/2019 – 10/2021*

- Served as primary psychologist for an adult psychiatric unit, working with individuals with complex mental health and socio-economic conditions, serving civil and forensic commitments.
- Worked with clients from diverse racial and cultural backgrounds, confronting a variety of psychiatric conditions, including: schizophrenia-spectrum disorders, bipolar disorder and major depression with psychosis, personality disorders, PTSD, major neurocognitive disorders, substance use disorders and dual-diagnosis concerns.
- Collaborated with interdisciplinary team in treatment planning, intervention, evaluation of outcomes, crisis intervention, and discharge planning.
- Identified and provided psychotherapeutic interventions, crisis intervention, and behavioral management. Interventions include CBT for SMI, DBT, Motivational Enhancement, and milieu therapy.
- Conducted complex psychological assessments, including personality testing, IQ testing, cognitive screening, and other neurocognitive testing.
- Conducted evaluations for Competency to Stand Trial for the Texas court system.
- Provided psychoeducation to clients serving competency restoration commitments.

## **Texas State University** – San Marcos, TX

*Lecturer – Department of Psychology, 01/2014 – present*

- Prepare and manage lecture-based classes with enrollment ranging from 50 to 400 students. Utilize in-class technology and online course management system.
- Teach undergraduate courses for the Department of Psychology, including:
  - Psychopathology
  - Brain & Behavior
  - Forensic Psychology
  - Health Psychology
  - Industrial Psychology
  - Introduction to Psychology
  - Psychopharmacology

## **Department of Veterans Affairs Health Care System**

**Central Texas Veterans Health Care System** – Temple, TX, 10/2021 – 01/2023

*Staff Psychologist*

- Provided full spectrum of psychological services, including diagnostic evaluations, individual and group psychotherapies, crisis intervention, and interdisciplinary collaboration.
- Served as coordinator of a BHIP interdisciplinary team, fostering collaborative treatment planning and cross-functional communication.
- Conducted psychotherapy in a variety of modalities, including short- and longer-term individual work, group therapies, and couples/family work.
- Served on Workplace Violence Prevention Program, evaluating cases of aggression in the hospital to assess future risk and to recommend appropriate disposition.
- Served as co-chair of Training Day committee, developing program of continuing education for medical providers, psychologists and other clinical staff.
- Received additional training in Human Resources practices between 11/2022 and 01/2023.

## **Department of Veterans Affairs Health Care System**

**Central Texas Veterans Health Care System** – Austin, TX

*Staff Psychologist, 10/2012 – 01/2018*

- Provided full spectrum of psychological services, including diagnostic evaluations, individual and group psychotherapies, crisis intervention, and interdisciplinary collaboration.
- Conducted psychotherapy in a variety of modalities, including short- and longer-term individual work, group therapies, and couples/family work.
- Trained in Evidence Based Therapies (EBTs), including Social Skills Training, Motivational Enhancement, Cognitive Processing Therapy, Cognitive Behavioral Therapy for Depression, Pain Management, and SUD.
- Conducted disability evaluations for veterans with service-connected claims.
- Supervised doctoral psychology trainees.

**South Texas Veterans Health Care System** – San Antonio, TX

*Staff Psychologist, 08/2010 – 10/2012*

- Served as primary psychologist in residential program for psychosocial rehabilitation of homeless veterans with complex psychiatric concerns, including substance dependence, PTSD, suicidal behaviors, personality disorders, and severe mental illness.
- Conducted pre-surgical evaluations for veterans under consideration for transplant and bariatric surgeries.

**Johns Hopkins University School of Medicine** – Baltimore, MD

*Department of Physical Medicine & Rehabilitation*

*Asst. Professor/Attending Psychologist, 06/2008 – 06/2010*

- Served as attending psychologist for inpatient spinal cord injury unit, with interdisciplinary treatment team.
- Conducted comprehensive psychological evaluations with personality testing and neuropsychological screening.
- Provided short-term interventions for individuals and families, with focus on crisis intervention, pain management, health behaviors, adjustment/coping, and referral to outpatient psychological/psychiatric services, as needed.
- Supervised post-doctoral fellows and pre-doctoral practicum students in rehabilitation psychology. Lecturer for professional staff development.
- Participated in clinical outcomes research concerning self-management interventions for chronic pain.

**University of Texas Southwestern Medical Center** – Dallas, TX

*Department of Psychiatry*

*Clinical Asst. Prof./Attending Psychologist, 09/2003 – 04/2008*

- Served as Attending Psychologist for in-patient and out-patient psychiatry services at Parkland Memorial Hospital.
- Conducted psychological and neuropsychological assessments of patients with complex psychiatric, medical, and social difficulties.
- Supervised clinical training for students in clinical psychology doctoral program, including practica, internships, and oral exams.
- Served on dissertation and thesis committees.
- Graduate Lecturer, courses: Advanced Social Psychology Seminar, Personality Assessment (MMPI-2); Intellectual Assessment

**Southern Methodist University** – Dallas, TX

*Lecturer – Department of Psychology, 01/2005 – 12/2007*

- Undergraduate Lecturer, courses: Introduction to Psychology, Abnormal Psychology, Health Psychology, Drugs & Behavior, Child Psychopathology; Industrial/Organizational Psychology, Social Psychology, Research Methods

**POST-DOCTORAL  
FELLOWSHIP**

**Dallas Veterans Affairs Medical Center** – Dallas, TX

*Post-Doctoral Fellow – Substance Abuse, 08/2002 – 08/2003*

- Taught a variety of life-change and relapse-prevention courses to patients in a residential substance abuse rehabilitation program
- Conducted assessments and performed individual and group psychotherapies

**APA Accredited  
CLINICAL INTERNSHIP**

**University of Texas Southwestern Medical Center** – Dallas, TX

*Psychology Intern – Two rotations*

**Southern Methodist University** – Dallas, TX

*Student Mental Health Services, 2001 – 2002*

- Conducted intake evaluations, crisis intervention and psychotherapy for students of diverse ethnicities, sexual orientations, ages and SES levels
- Worked with variety of disorders, including: eating disorders, social phobia, panic disorder, major depression, adjustment and personality disorders
- Managed 24-hour call duty for one week, every 6 weeks, handling crisis calls

## **Parkland Memorial Hospital**

*UT Southwestern Psychiatry Service, 2000 – 2001*

- Conducted psychological and neuropsychological assessments of patients with complex psychiatric, medical, and social *difficulties*.

### CLINICAL PRACTICA

#### **Terrell State Hospital** – Terrell, TX, 1999 – 2000

- Rotations in Child/Adolescent Unit, Adult Unit, and Neuropsychology

#### **Parkland Psychiatric Emergency Room** – Dallas, TX, 1999 - 2001

- Assessment/dispositioning of individuals in psychiatric crisis

### ADJUNCT TEACHING

**University of Incarnate Word** – San Antonio, TX 01/2011 – 05/2014

### APPOINTMENTS

**Towson University** – Towson, MD 01/09 – 05/10

**North Lake College** – Irving, Texas 09/03 – 08/05

### INDUSTRIAL/

### ORGANIZATIONAL

### EXPERIENCE

**Texas Health Resources** – Dallas, TX, 1994-1998

*Career Center Coordinator / Recruiter*

Screened/interviewed/hired external candidates for health care positions. Provided career guidance for employees seeking professional development.

**Tri-Starr Group** – San Antonio, TX, 1992 – 1994

*Recruiter / HR Professional*

Screened/placed employment candidates in job assignments. Conducted new employee orientation.

**General Electric – Plastics** – Pittsfield, MA & Burkville, AL

*Professional Relations Specialist, 1989 - 1991*

Managed training program for entry level engineers. Developed corporate communications and community relations projects. Completed two-year training program for human resources professionals.

### SELECTED

### PUBLICATIONS

Wegener S., **Adams L.**, Rohe D. (2012). Promoting Optimal Functioning in Spinal Cord Injury: The Role of Rehabilitation Psychology. In P.J. Vinken & G.W. Bruyn (Eds.) *Handbook of Clinical Neurology* pp. 297-314, Amsterdam, Elsevier.

**Adams L.**, Wegener ST, & Haythornthwaite, J. (2011). Psychological Evaluation and Testing. In H. Benson, S. Raja, S. Liu, S. Fishman & S Cohen, (Eds.) *Essentials of Pain Management and Regional Anesthesia 3rd Edition*, Philadelphia, Elsevier. pp 34-38.

Dowling, L., Gatchel, R., **Adams, L.**, Stowell, A., Bernstein, D. (2007). An evaluation of the predictive validity of the Pain Medication Questionnaire with a heterogeneous group of patients with chronic pain. *The Journal of Opioid Management*, 3 (5), 257-66.

Holmes, C., Gatchel, R., **Adams, L.**, Stowell, A., Hatten, A., Noe, C., & Lou, L. (2006). An opioid screening instrument: long term evaluation of the utility of the Pain Medication Questionnaire. *Pain Practice*, 6 (2), 74-88.

**Adams, L.**, Gatchel, R., Robinson, R., Polatin, P., Gajraj, N., Deschner, M., & Noe, C. (2004). Development of a self-report screening instrument for assessing potential opioid medication misuse in chronic pain patients. *Journal of Pain and Symptom Management*, 27 (5), 440-459.