

**JACQUELINE J. EVANS**  
Texas State University – San Marcos  
Department of Psychology  
Undergraduate Academic Center, Room 253  
San Marcos, TX 78666  
jje32@txstate.edu  
jacquelinejevans.com

## **EDUCATION**

Ph.D., Psychology, The University of Texas at Austin	2011
B.A., Psychology (Honors), University of California, Santa Cruz	2003

## **PROFESSIONAL APPOINTMENTS**

Undergraduate Faculty Advisor, Psychology, The University of Texas at Austin	2020 - present
Associate Professor of Instruction, Psychology, The University of Texas at Austin	2019 - present
Assistant Professor of Instruction, Psychology, The University of Texas at Austin	2018 - 2019
Lecturer, Psychology, The University of Texas at Austin	2013 - 2018
Lecturer, Psychology, Texas State University, San Marcos, TX	2012 - present
Instructor, Psychology, The University of Texas at Austin Extension	2011 - 2012

## **PUBLICATIONS**

(\* indicates a student mentee)

### **Peer-Reviewed Journal Articles (including Accepted and In Press)**

Josephs, R.A., Telch, M.J., Hixon, J.G., **Evans, J.J.**, Lee, H., Knopik, V.S., et al. (2012). Genetic and hormonal sensitivity to threat: Testing a serotonin transporter genotype x testosterone interaction. *Psychoneuroendocrinology*, 37, 752-761.  
<https://doi.org/10.1016/j.psyneuen.2011.09.006>

### **Peer-Reviewed Book Chapters (including Accepted and In Press)**

**Rivers, J.J.**, & Josephs, R.A. (2010). Dominance and health: The role of social rank in physiology and illness. In A.P. Guinote & T.K. Vescio (Eds.) *The Social Psychology of Power*. New York: Guilford.

### **Works in Progress**

### **Peer-Reviewed Journal Articles**

**AWARDS AND HONORS**

2023	Nominee for UT Regents' Outstanding Teaching Award Department of Psychology, UT Austin
2022	Nominee for UT Regents' Outstanding Teaching Award Department of Psychology and College of Liberal Arts, UT Austin
2022	UT Pre-Dental Student Society Professor Sweet Tooth Event, UT Austin
2021	Clock Award, Outstanding Contributions to Services for Students with Disabilities (SSD), UT Austin
2019	Excellence in Teaching Award for Part-time Faculty, College of Liberal Arts, Texas State University
2018-2019	Nominee for Raymond Dickson Centennial Endowed Teaching Fellowship, Psychology Department, UT Austin
2017-2018	President's Associates Teaching Excellence Award, UT Austin
2016-2017	Harry Ransom Award for Teaching Excellence, College of Liberal Arts, UT Austin
2017	Zeta Tau Alpha Sorority Favorite Professor Dinner, UT Austin
2015-2016	Arnold H. Buss Teaching Award for Excellence in Undergraduate Teaching, Psychology Department, UT Austin
2015-2016	Nominee for Raymond Dickson Centennial Endowed Teaching Fellowship, Psychology Department, UT Austin
2016	Zeta Tau Alpha Sorority Favorite Professor Dinner, UT Austin
2015	Faculty Writing Retreat Professional Development Stipend, UT Austin (\$1,200)
2015	Kappa Delta Sorority Favorite Professor Dinner, UT Austin
2014-2015	Nominee for Harry Ransom Award for Teaching Excellence, Psychology Department, UT Austin
2010-2011	Janet T. Spence Teaching Award for Excellence as Assistant Instructor, Psychology Department, UT Austin
2008-2009	Alma Carlson Teaching Award for Excellence as Teaching Assistant, Psychology

Department, UT Austin

- 2008-2009 Liberal Arts Graduate Research Fellowship, UT Austin (\$1,400)
- 2008 National Science Foundation Graduate Research Fellowship- Honorable Mention
- 2007-2008 Liberal Arts Graduate Research Fellowship, UT Austin (\$1,800)
- 2007 National Science Foundation Graduate Research Fellowship- Honorable Mention
- 2006-2007 Graduate Research Intern Fellowship, UT Austin (\$18,000)
- 2003 Honors, Intensive Majors Program, University of California, Santa Cruz
- 2001-2003 Chancellor's Honor List, University of California, Santa Cruz
- 2001 Alpha Gamma Sigma Honor Society

## **PRESENTATIONS**

### **Invited Talks**

- "Cultivating Joy and Resilience in Adversity." Facebook, Inc. Austin, TX. September 2017.
- "Resilience in the Face of Stress: Developing your Coping Toolkit." Facebook, Inc. Austin, TX. May 2017.
- "Individual differences in stress physiology: Understanding person by situation influences." Social and Personality Psychology Area, The University of Texas at Austin. Austin, TX. February 2011.
- "Gene x hormone interaction predicts stress response." Social and Personality Psychology Area, The University of Texas at Austin. Austin, TX. April 2010.
- "Gene x hormone interaction predicts stress response." Liberal Arts Council Meeting, The University of Texas at Austin, Austin, TX. April 2010.
- "Does misery love company?" Clinical Psychology Area, The University of Texas at Austin. Austin, TX. April 2008.
- "Does misery love company?" Social and Personality Psychology Area, The University of Texas at Austin. Austin, TX. April 2007.

### **Conference Presentations**

“Boosting Empathy and Promoting Networking through Service Learning.” Annual Conference of the National Institute on the Teaching of Psychology. St. Petersburg, FL. January 2020.

“Enhancing Learning through Promoting Self-Care, Wellness, and Resiliency for Students as a Non-Clinician.” Annual Conference of the National Institute on the Teaching of Psychology. St. Petersburg, FL. January 2019.

“Taking the Grrr out of Group Projects: Facilitating Professionalism and Collaboration.” Annual Conference of the National Institute on the Teaching of Psychology. St. Petersburg, FL. January 2018.

“The Art of Emotion: Bringing to life Human Emotion through interaction with poignant art exhibits.” Annual Conference of the National Institute on the Teaching of Psychology. St. Petersburg, FL. January 2017.

“Leveraging the self and technology to teach the science of personality.” Annual Conference of the National Institute on the Teaching of Psychology. St. Petersburg, FL. January 2016.

“Does misery love company? Affiliation and recovery from acute stress.” Panel on “Mind and Body (Without Scanning the Brain): Basic Physiological Processes Facilitate Understanding of Complex Social Phenomena.” Annual Conference of the Society for Personality and Social Psychology. Albuquerque, NM. February 2008.

**Poster Presentations** (\* indicates a student mentee)

Huerta, J.\* & **Evans, J.J.** (2020, December). *The Effects of Muscular Physique in Fitness Images on Self-Esteem, Body Satisfaction, and Exercise Motivation in Men*. Poster presented at the Honors Program Poster Session, Psychology Department, UT Austin.

Turley, M.\* & **Evans, J.J.** (2018, December). *#NoFilter: Contrasting Real, Ideal, and False Self-Presentation on Facebook and Instagram*. Poster presented at the Honors Program Poster Session, Psychology Department, UT Austin.

Bell, J.\* & **Evans, J.J.** (2017, December). *Language Use as a Function of Poetry Modality (Written/ Spoken): A LIWC Analysis*. Poster presented at the Honors Program Poster Session, Psychology Department, UT Austin.

Fang, S.\* & **Evans, J.J.** (2016, April). *Health and Partner Dance: Changes in Affect and Anxiety After Dancing*. Poster presented at the Longhorn Research Bazaar Research Week Poster Session, Office of Undergraduate Studies, UT Austin, Austin, TX.

Wiesepape, C.\* & **Evans, J.J.** (2015, April). *Childhood Obesity: A Retrospective Study of Evolving Trends*. Poster presented at the Bridging Disciplines Program Poster Session, Office of Undergraduate Studies, UT Austin, Austin, TX.

**Rivers, J.J.,** Beevers, C.G., McGeary, J.E., Hixon, J.G., & Josephs, R.A. (2010, February). *Hormone x gene interaction predicts stress reactivity*. Poster presented at the Annual Conference of the Society for Personality and Social Psychology, Las Vegas, NV.

**Rivers, J.J.,** Josephs, R.A., Hamilton, L.D., & Delville, Y. (2009, February). *Does the person matter? Personality and affiliation predict overall acute stress responsivity*. Poster presented at the Annual Conference of the Society for Personality and Social Psychology, Tampa, FL.

**Rivers, J.J.,** & Rao, U. (2005, October). *Relationship between chronic stress and HPA responsivity in depressed adolescents*. Poster presented at the Annual Conference of the American Academy of Child and Adolescent Psychiatry, Toronto, ON, Canada.

**Rivers, J.J.,** & Hammen, C.L. (2004, November). *Neuroticism and stress sensitivity as predictors of major depressive episode recurrence*. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies (formerly AABT), New Orleans, LA.

Dienes, K.A., Hammen, C.L., & **Rivers, J.J.** (2004, November). *Basal cortisol levels in individuals at risk for depression*. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies (formerly AABT), New Orleans, LA.

## **ADVISING AND STUDENT-RELATED SERVICE**

### **Undergraduate Honors Theses**

Simran Shah, Polymathic Scholars Honors Thesis. *Music: A Safe Space; Exploring Music and Emotion Regulation*. 2022 - 2023. (Second Advisor).

Rio Esquivel, Plan II Honors. *Burnout Among Physicians: Exploring Risk and Protective Factors, and Efficacy of Burnout Interventions*. 2021 - 2022. (Supervisor).

William Graber, College of Natural Sciences. *The Moderating Effects of Resilience on the Relationship Between Childhood Trauma and PTSD Symptoms*. 2020 - 2021. (Supervisor).

Adarsh Melukote, College of Natural Sciences. *Technology in Medicine and its Effects on Physicians' Lifestyles*. 2020 - 2021. (Supervisor).

Josue Huerta, Psychology, *The Effects of Muscular Physique in Fitness Images on Self-Esteem, Body Satisfaction, and Exercise Motivation in Men*, 2020. (Supervisor).

Jasmine Liu-Zarzuela, Plan II Honors and Psychology, *Well-being and Gratitude Among Pediatric and Geriatric Hospice Care Nurses*, 2018 - 2019. (Supervisor).

Macy Turley, Psychology, *#No Filter: Self-Presentation and Body Image in Instagram and Facebook Users*, 2017-2018. (Supervisor).

Jasmine Bell, Psychology. *Language Use as a Function of Poetry Modality (Written/ Spoken): A LIWC Analysis*, 2016-2017. (Supervisor).

Shelley Fang, College of Natural Sciences. *Health and Ballroom Dance: Affect of New and Experienced Dancers After Partner Dancing*, 2015-2016. (Supervisor).

### **Other Undergraduate Mentorship**

Provided professional and graduate study advice and letters of recommendation in support of more than 60 undergraduate and graduate students, 2013 - present.

Rozel Tindaan, Bridging Disciplines Program. Connecting Experience Internship, Children & Society - Intervention and Vulnerable Children, 2021. (Supervisor).

Mia Moi, Bridging Disciplines Program. Connecting Experience Research Project, Social Entrepreneurship & Non-Profits, 2020. (Supervisor).

Tamia Jackson, McNair Scholars program, 2020. (Supervisor).

Lizbeth Mucino Ceron, Bridging Disciplines Program. Connecting Experience Internship, Children & Society, 2020. (Supervisor).

Nina Garza, Burnt Orange Leadership Development (BOLD) program, 2019-2021. (Faculty Mentor).

Victoria Hart, Bridging Disciplines Program. Connecting Experience Internship, Children & Society, 2018. (Supervisor).

Emily Hinds, Bridging Disciplines Program. Connecting Experience Internship, Children & Society, 2018. (Supervisor).

Emily Barnes, Plan II Honors/Psychology, 2018. (Faculty Advisor).

Bradley Dweck, Independent Study, Office of Undergraduate Studies. *Personality in Health Care: Informing Patient-Provider Communication*, 2017. (Supervisor).

Courtney Wiesepape, Bridging Disciplines Program. Connecting Research Experience, Children & Society, *Childhood Obesity: A Retrospective Study of Evolving Trends*, 2015. (Supervisor).

### **ADMINISTRATIVE AND PROFESSIONAL SERVICE**

## **Departmental Service**

### ***Administrative and Committee Service***

Undergraduate Faculty Advisor, Psychology Department, 2020 – present.

Committee chair, Department Program Assessment Committee, Psychology Department, UT Austin, 2020 – present.

Committee chair, Department Teaching Award Committee, Psychology Department, UT Austin, 2020 – present.

Committee chair, Department Promotion Committee for Dr. Kirsten Bradbury, Psychology Department, UT Austin, 2021.

Committee member, Executive Committee, Psychology Department, UT Austin, 2020 – present.

Committee member, Undergraduate Curriculum, Psychology Department, UT Austin, 2019 – present.

Department partner, Direct Assessment Project of Psy 420M Quantitative Reasoning and Independent Inquiry Flags, *UGS Flags and Experiences*, 2021-2022.

Redesigned peer faculty teaching observation and review process, Psychology Department, UT Austin, 2021-2022.

### ***Guest Speaking Engagements***

“Life of a Teaching Assistant: Undergraduate (uTA) Teaching Workshop.” Lecture presented for Undergraduate TA Spring Training Event, Psychology Department, UT Austin, 2023.

“Undergraduate (uTA) Teaching Celebration.” Lecture presented for Fall uTA End-of-semester Feedback Event, Psychology Department, UT Austin, 2022.

“Welcome to UT Psychology: New Major Fall Orientation Event.” Lecture presented for Psychology Advising, UT Austin, 2022.

“Life of a Teaching Assistant: Undergraduate (uTA) Teaching Workshop.” Lecture presented for Undergraduate TA Fall Training Event, Psychology Department, UT Austin, 2022.

“Life of a Teaching Assistant: Graduate Teaching Workshop.” Lecture presented for Incoming Graduate Student Bootcamp, Psychology Department, 2022.

“Psi Chi Induction Ceremony: Finding a Meaningful Path as a Psychology Major.” Lecture presented for Psi Chi, Psychology Undergraduate Organization, 2022.

- “My Psychology Journey: Professional Development as a Psychology Major.” Lecture presented for Women in Psychology, Psychology Undergraduate Organization, 2021.
- “Exploring Professional Development as a Psychology Major.” Lecture presented for Texas Student Psychological Association, Psychology Undergraduate Organization, 2021.
- “Life of a Teaching Assistant: Graduate Teaching Workshop.” Lecture presented for Incoming Graduate Student Bootcamp, Psychology Department, 2021.
- “My Psychology Journey: Professional Development as a Psychology Major.” Lecture presented for Women in Psychology, Psychology Undergraduate Organization, 2021.
- “Promoting Inclusivity and Equity in the Psychology Classroom.” Co-organizer and panelist for faculty pedagogy session, Psychology Department, UT Austin, 2020.
- “Life of a Teaching Assistant: Graduate Teaching Workshop.” Lecture presented for Incoming Graduate Student Bootcamp, Psychology Department, 2020.
- “My Psychology Journey: How to Find Your Meaningful Path as a Psychology Major.” Lecture presented for Women in Psychology, Psychology Undergraduate Organization, 2019.
- “Building Resiliency and Your Coping Toolkit.” Lecture presented for Women in Psychology, Psychology Undergraduate Organization, 2019.
- “Finding a Meaningful Path as a Psychology Major.” Lecture presented for Texas Student Psychological Association, Psychology Undergraduate Organization, 2019.
- “Getting Good at Stress: Building Resiliency and Your Coping Toolkit.” Lecture presented for Psi Chi, Psychology Undergraduate Organization, 2018.
- “Being Mindful: Coping with Stress.” Lecture presented for Texas Student Psychological Association, Psychology Undergraduate Organization, 2018.
- “Building Meaningful Experiences and Getting the Most from your Psychology Degree.” Lecture presented for Psi Chi, Psychology Undergraduate Organization, 2018.
- “Pursuing a Career in Teaching.” Panel on Professional Teaching Careers, Psychology Graduate Student Association, 2017.
- “Building Meaningful Experiences and Finding Your Path as a Psychology Major.” Lecture presented for Psi Chi, Psychology Undergraduate Organization, 2017.
- “Putting Your Psychology Degree to Work.” Lecture presented for Texas Student Psychological Association, Psychology Undergraduate Organization, 2017.



“Stress and Mindfulness.” Lecture presented for Women in Psychology, Psychology Undergraduate Organization, 2016.

Guest lecturer, Putting Pedagogy into Action, PSY Graduate Teaching course, Prof. Bigler, 2016.

“Health and Mindfulness.” Lecture presented for Psi Chi, Psychology Undergraduate Organization, 2016.

“Stress and Health.” Lecture presented for Texas Student Psychological Association, Psychology Undergraduate Organization, 2015.

“Graduate Study in Psychology.” Lecture presented for Women in Psychology, Psychology Undergraduate Organization, 2014.

### ***Other Departmental Service***

Faculty Organizer, Psychology Professional Track Faculty Professional Development Speaker series, Spring session featuring Guest speaker James Butler, “Mindful at UT.” 2023.

Co-Instructor, Psychology Student Professional Development and Advising four-video series with PSY Advising staff, PSY 420M course module on Professional Development, 2022.

Faculty Organizer, Psychology Professional Track Faculty Professional Development Speaker series, Fall session featuring Guest speaker Dr. Thea Woodruff, “Well-being in Learning Environments.” 2022.

Co-Instructor, Professional Development Semester Seminar (5-sessions per semester), PSY 357: Undergraduate Research Experience in Psychology, with Dr. Marie Monfils, Fall 2020, Spring 2021, Fall 2021, Spring 2022.

Instructor, PSY 352: Abnormal Psychology SMOC re-cast course for Dr. Kirsten Bradbury, Fall semester 2017.

Attended and disseminated detailed summary to Psychology Faculty, UT Non-tenure Track Faculty Promotion Process Inaugural Meeting, 2017.

Graduate Representative, Graduate Student Assembly, Psychology Department, 2006-2007.

### **University and Local Service**

#### ***Committee Service***

Committee member, College of Liberal Arts Dean’s Faculty Mentorship Award Committee, UT Austin, 2022-present.

Committee member, College of Liberal Arts Professional Faculty Advisory Standing Committee, UT Austin, 2021-present.

Subcommittee chair, College of Liberal Arts Professional Faculty Advisory Standing Committee Promotion Subcommittee, UT Austin, 2021-present.

Committee member, College of Liberal Arts Teaching Award Committee, UT Austin, 2019-2022.

Committee member, Senior Vice Provost and Dean of Undergraduate Studies Search Committee, UT Austin, 2021-2022.

### ***Guest Speaking Engagements***

“Theories of Stress Response and Coping.” Lecture presented for Social Inequality, Health and Policy BDP 101, Instructors: Drs. Osbakken and Love, Bridging Disciplines Program, UT Austin, August 31, 2022.

“Emotional Intelligence for Leaders.” Seminar Co-Instructor, Human Dimensions of Organizations, UT Austin, October 19, 2021.

“Incorporating Well-being into Virtual Learning Environments.” Faculty Panelist, Student Success and Well-being Committee UT College of Pharmacy, UT Austin, August 18, 2020.

“Texas Well-being: Faculty Voices in Support of UT Students’ Mental Health.” Faculty Panelist, Mental Health Promotion Week Live Stream, UT Wellness Network, UT Austin, April 16, 2020.

“Building Meaningful Experiences and Finding Your Path as a Psychology Major.” Lecture presented at the Round Rock Psychology Student Organization Meeting, Texas State University. Round Rock, TX, 2018.

“Stress and Mindfulness.” Lecture presented at the Round Rock Psychology Student Organization Meeting, Texas State University. Round Rock, TX, 2017.

Guest lecturer, Stress, Health, and Mindfulness, SOC 308/HS 301, Introduction to Health and Society course, Prof. Durden, UT Austin, 2015.

### ***Other University and Community Service***

Faculty Peer Mentor, Center for Teaching and Learning (CTL) Campus Connector New Faculty Mentor for cohort of 8 new UT faculty members, UT Austin, 2022 – present.

Library Volunteer, Scholastic Book Fair Fundraiser volunteer, Middle School, Cedar Park, TX, 2022.

Classroom volunteer, Positive behavior interventions and supports (PBIS) school store, classroom PTA event, Elementary School, Cedar Park, TX, 2021.

Faculty panelist, Think tank for virtual curriculum development, Blanton Museum of Art Education and Academic Affairs, UT Austin, 2020.

Mental Health First Aid (MHFA) certified, Completed 8-hour mental health crisis intervention course to earn 3-year MHFA certification, National Council for Behavioral Health, 2019.

Faculty moderator and judge, Plan II Honors Program Thesis Symposium, UT Austin, 2019.

Classroom volunteer, Positive behavior interventions and supports (PBIS) school store, classroom PTA event, Elementary School, Cedar Park, TX, 2019.

Faculty judge, Liberal Arts Council Undergraduate Research Competition, College of Liberal Arts, UT Austin, 2019.

Participating faculty member, Well-being in Learning Environments program, Counseling and Mental Health Center, UT Austin, 2018 - present.

Classroom Volunteer Representative, In-class science demonstrations and reading support, Leander ISD Elementary School, Cedar Park, TX, 2017 - 2018.

Faculty judge, Liberal Arts Council Undergraduate Research Competition, College of Liberal Arts, UT Austin, 2018.

Interviewed for press article, Exercise May Help with Smoking Cessation, Daily Texan, 2018.

Interviewed for press article, Passive Death: The Silencer from Within, Liberal Arts and Science Academy LASA Magazine, 2017.

Classroom Volunteer, Developing reading skills with kindergarteners, Leander ISD Elementary School, Cedar Park, TX, 2016-2017.

Interviewed for press article, Adult Coloring and Stress Reduction, Texas Monthly magazine, 2016.

Fundraising Volunteer (raised \$860), ASPCA, 2014.

Faculty Representative, Bobcat Days, Psychology Department, Texas State University, 2013.

Faculty Sponsor, Round Rock Campus Psychology Association, Texas State University, 2013.

Consulted and performed hormone assays, Stress among Homeless Youth Project, UT Austin Nursing Department, 2007.

Interviewed for press article, Stress, Hormones and Women's Health, HerSports Magazine, 2007.

## **Professional Service**

### ***Professional Memberships***

American Psychological Association, 2002 – present  
Division 2 Member (Teaching of Psychology)  
Association for Psychological Science, 2012 - present  
Society for Personality and Social Psychology, 2006 - present  
Society for the Teaching of Psychology, 2013 - present

### ***Teaching Conferences Attended (\* indicates also presented)***

National Institute on the Teaching of Psychology, Virtual, Jan 2023.  
Annual Conference on Teaching, STP Teaching Conference, Virtual, Oct 2022.  
Society for Personality and Social Psychology, Happiness and Well-being Preconference, Virtual, Feb 2022.  
Society for Personality and Social Psychology, Teaching Preconference, Virtual, Feb 2022.  
National Institute on the Teaching of Psychology, Virtual, Jan 2022.  
Teaching Statistics in Psychology, Virtual, May 2021.  
National Institute on the Teaching of Psychology, Virtual, Jan 2021.  
American Psychological Association, Teaching Preconference, Virtual, Aug 2020.  
\*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2020.  
\*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2019.  
\*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2018.  
\*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2017.  
\*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2016.  
Writing Faculty Retreat Teaching Workshop, Office of Undergraduate Studies, UT Austin, May 2015.  
New Faculty Symposium, Center for Learning Sciences, UT Austin, Aug 2013.  
APS-STP Teaching Institute, Association for Psychological Science Conference, Washington, D.C., May 2013.  
Best Practices in Online Teaching Workshop, Texas State University-San Marcos, August 2012.

### ***Teaching Certification in Higher Education***

Certificate in Effective College Instruction (completed 25-module, yearlong training course), The Association of College and University Educators (ACUE), The American Council on Education, *completed April 29, 2022.*