

TEXAS STATE VITA

I. ACADEMIC/PROFESSIONAL BACKGROUND

A. Name: Amy M. Meeks, Ph.D. Title: Senior Lecturer

B. Educational Background:

Degree	Year	University	Major	Thesis / Dissertation
Ph.D.	1985	VPISU*	Family Therapy	Parenting and Creativity
M.A.	1982	VPISU*	Child Development	Structure and Creativity
B.A.	1980	Austin College	Double Major: Psychology and Sociology	

Institute of European Studies, Vienna, Austria. September, 1978 - May, 1979. Emphasis on Freudian and Neo-Freudian Psychology.

* Virginia Polytechnic Institute and State University

C. Professional Development:

30-hour Advanced Civil Mediation and Advanced Family Mediation Training, Mediators and Arbitrators of America, April 25-27, 2022.

40-hour Basic Mediation Training, Center for Public Policy Dispute Resolution Center, University of Texas Law Center, January 10-14, 2022.

40-hour Board Certified Life Coach Training, Institute of Life Coach Training, 2010

D. University Experience:

Position	University	Dates
Senior Lecturer	Texas State University	2006 to Present
Adjunct Lecturer	University of Texas-Austin	2010 to 2020
Lecturer	Texas State University	2003 to 2006
Lecturer	Texas State University	1986 to 1989

II. TEACHING

A. Teaching Honors and Awards:

University:

Foundations of Excellence Award, awarded to 10 faculty annually, 2019.

Favorite Professor, Alpha Chi National Honor Society, 2010, 2011, 2015, 2016, 2017, 2018, 2019, 2021

Favorite Professor, Alpha Delta Pi Sorority, 2009, 2016.

Favorite Professor, Chi Omega Sorority., November 1, 2016.

Distinguished Faculty Member, Panhellenic Council, Fall 2009.

Courses Taught:

Introduction to Psychology, January 2003 to present, 1986 - 1989

Lifespan Development, January 2004 to present

Human Sexuality, Summer 2005 to present

Group Process, Fall 1986

HONORS' COLLEGE WORK:

Honor's Thesis: Supervisor

Caleigh Elizabeth Barbato, "The Impact of Play Therapy on Decreasing Anxiety in Children", Spring, 2022.

Honor's Thesis Supervisor

Sarah Elizabeth Waldrop, "The Enemy is Fear: The Psychological Benefits of the Horror Genre Through Resilience and Coping", Spring, 2022.

Honor's Thesis Supervisor:

William Murley, "Brazen Bullying Behaviors Within US Football". Fall 2021.

Honor's Thesis Supervisor:

Elizabeth Gonzales, "The Importance of Emotional Intelligence and Why Our Schools Need To Teach It", Spring, 2021

Honor's Thesis Committee Member:

Carla Gomez, "The Effects of Hand-Lettering on Self-Compassion", Spring, 2021

Jamilah Christianson, "The Repetition of the Coming Out Process in Daily Life", 2019.

Honor's Paper for Course Credit:

Miranda Orr, "An Analysis of Modern Gender", Spring, 2023

Carley Herwig, "Why Children Should Participate in Sports", Fall 2022.

Ryan Fusselman, "What You Find Meaningful is Irrelevant: Having Meaning is Imperative", Fall 2021.

Mae Stevens, "Psychotropic Medications: The Use and Abuse Within the Foster Care System", Fall 2021

William Murley, "Analyzing the Correlation Between Personality Type and Adolescent Bullying", Spring 2021.

Elizabeth Gonzales: "Attachment and Its' Effects on Personality": Lifespan Development, Fall, 2020.

Faculty Development: Workshops and Workgroups:

ESCALA: Culturally Responsive Teaching Practices for HIS Faculty

ESCALA: Part II

Flex Like a Boss

Teaching Applications of Radical Empathy

Collaborative Online International Learning

Working with Student Veterans

Student Procrastination: Addressing the Main Points

Where Are You Investing Your Work Time?

Tips and Tricks

Heathy Boundaries

You Don't Have To Be Superman: We Are All Here To Help

EdSurge Podcast:

EdSurge is a podcast series written by Jeff Young. This series focused on classroom attendance post-pandemic. Here is the link to the podcast which is titled "How Instructors Are Adapting to a Rise in Student Disengagement"

<https://www.edsurge.com/news/2023-01-10-how-instructors-are-adapting-to-a-rise-in-student-disengagement>

BOOK CATS

Co-leading BookCats Book Club: "The Art of Gathering" by Priya Parker, Spring, 2024

Co-led BookCats Book Club: "How Humans Learn" by Joshua Eyler, Fall 2023

Co-led BookCats Book Club: "Small Teaching: Everyday Lessons from the Science of Learning", Fall 2022.

Co-led PodCats: A variety of podcasts on Teaching, Spring 2022.

Co-led BookCats Book Club: Spring of 2021

"The Power of Moments: Why Certain Experiences Have Extraordinary Impact", by Chip and Dan Heath.

Co-led BookCats Book Club: Fall 2021

"The Power of Moments: Why Certain Experiences Have Extraordinary Impact", by Chip and Dan Heath.

Co-led BookCats Book Club: Spring 2020

"The Courage to Teach", by Parker Palmer

Co-Led Workshop for Faculty Development, **Practices in Large Classrooms**, 2019
Diversity and Inclusion in the Classroom, 2019

C. SERVICE: University:

Currently Serving:

Teaching Theaters Improvement Project Team, 2019 to present

Non-tenure Line Faculty Committee, 2016 to present.

Common Experience Committee, 2016 to present.

Faculty Sponsor, Young Life, 2009 to present.

Prior Service:

Judge, 16th Annual Undergraduate Research Conference and Honor's Thesis Forum, 2022.

Moderator, Honor's Research Conference, Fall, 2022.

Judge, Undergraduate Research Conference and Honor's Thesis Forum, 2021.

Judge, Undergraduate Research Conference and Honor's Thesis Forum, 2020.

University Leadership Committee, 2019 – 2020

Co-Lead 6-session Workshop, Teaching Large Classes, 2020.

Member, Common Experience: The Search for Justice, Our Response to Crime in the 21st Century, 2016

Participant, Cat Camp, Texas State University, 2016.

Participant, Orientation for Non-Tenure Line Faculty., January, August, 2016

Participant, Campus Carry Dialogue: Fear and the University, 2016.

SERVICE: Department:

Faculty Sponsor, Psychology Living-Learning Community, 2019-present.

Workload Policy Review Committee, 2020 – 2022.

Search Committee, Non-tenure Line Faculty, 2018.

SERVICE: Community:

Planning and Zoning Commissioner, 2021 to present.

Comprehensive Plan Steering Committee, 2021 to present.

Charter Review Commission for the City of San Marcos, 2017.

Divorce Care, 13-week course, Leader, 2003 to 20019.

F. OTHER:**Teaching Assistantships:****Graduate Teaching Instructor: 1984-1985.**

Human Development I: Birth through Four Years, VPISU, Spring 1984..

Head Teacher, Infant-Toddler Room, VPISU Lab School, 1982-1983.

Head Teacher, Three-Year-Old Room, VPISU Lab School, 1981-1982.

Graduate Appointment:**Chief Justice of the Graduate Honor System, VPISU, 1982-1985**

Appointed by Dean of the Graduate School. Responsible for assembling a pool of 45 faculty members and 50 graduate students and selecting members for Panel Hearings. Arranged, supervised, and chaired all Judicial Panel Hearing. Responsible for all Graduate Honor System (GHS) correspondence and functions. Wrote GHS budget, assisted in re-writing GHS constitution, and supervised a two-day orientation for new GHS members. Worked closely with the Dean and the Associate Dean of VPISU Graduate School. Received a full tuition stipend.

